

Using Empathy Dolls to Develop Emotional Awareness

What is the Empathy Dolls Approach?

The Empathy Dolls Approach focuses not only on helping children to build their emotional awareness on a daily basis within your setting, but on developing your own personal emotional awareness and empathy for the children in your care.

Empathy Dolls and Persona Dolls

Although similar to Persona Dolls in its use of a doll as a focus, this approach differs greatly in both its aims and its implementation. Unlike Persona Dolls, whose aim is to build anti-bias practice within settings, the Empathy Dolls Approach focuses on developing good emotional awareness. There is definitely a place for both approaches within your setting.

What will I get out of the course?

All Empathy Dolls workshops are designed to give you an insight into what Empathy is, how it fits into the wider issue of developing emotional awareness and why it is key to young children's learning in early years.

As well as an understanding of how these skills fit with the new Early Years Foundation Stage, you will participate in a range of fun, practical activities, including developing your own Empathy Doll. All day sessions will then build on this basic understanding and look at ways the dolls can support children in specific situations within your setting.

Free Doll

Everyone attending Empathy doll workshops receives a free doll to take away on the day. (Excludes inhouse Training Packages).

"An excellent and very thought provoking course and day"
Tracy – Nursery Manager

